

NHP 1 KNOTTED GINSENG

The ingredients are known to help dispose of fatty substances from the blood. Excellent for those who enjoy greasy and fatty foods. (80 capsules)

Ingredients:

Radix ginseng (Ginseng)	Root
Radix noto-ginseng (Ginseng)	Root
Polygonum multiflorum (Fo-Ti)	Leaves, stem, root

5% other herbs

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Radix Ginseng



Can be combined with:

2, 3, 4, 5, 19, 25, 28, 29, and 30. Select one only to combine for effective use.

Recommended Use:

Take 6 capsules a day. 3 capsules in the morning on an empty stomach with lukewarm water, 3 capsules before bed. Children: 4 capsules daily.

Meridians:

Heart

Use Restriction for Women:

Knotted Ginseng capsules should not be taken if pregnant or during menstrual period.

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