



What it Can Do For You?

Cutting-edge Energy Reader Machine Technology

Following you will find valuable information about an amazingly new powerful tool coupled with herbs indispensable for the maintenance of good health. The importance of balancing YING and YANG (positive and negative) within the human body is paramount to achieving a healthy lifestyle.



[.. WHAT IS YING AND YANG? . BACK TO TOP](#)

The term "Chinese medicine" makes reference to a number of practices, especially acupuncture and prescription of herbal formulas, and to their theoretical basis that has been developed in China during a period of about 2,500 years. A view of nature and of health and disease was set forth in the concepts of two essential forces ~ **YING** and **YANG**, and further propounded in the ideas that are numbered as an aid to memorizing the information: Three essences (treasures), Five elements, Six climatic influences, Seven emotional factors, Eight principles of

therapy, Fourteen meridians, and other notions.

From these basic opposites, a complete system of opposites was elaborated. Everything in the world can be identified with either **ying** or **yang**.

- **Ying** originally meant "shady, secret, dark, mysterious, cold." It thus could mean the shaded, north side of a mountain or the shaded, south bank of a river. Earth is the ultimate ying object. Ying represents everything about the world that is dark, hidden, passive, receptive, yielding, cool, soft, and feminine.
- **Yang** in turn meant "clear, bright, the sun, heat," the opposite of ying and so the lit, south side of a mountain or the lit, north bank of a river. Heaven is the ultimate yang object. Yang represents everything about the world that is illuminated, evident, active, aggressive, controlling, hot, hard, and masculine

| | | |
|-------|---------|-----------------|
| EARTH | Spleen | Stomach |
| METAL | Lungs | Large Intestine |
| WATER | Kidneys | Bladder |

There are two basic flows of energy among the five elements that can be affected. The circular, outer flow is a positive, helping flow, called The Mother-son cycle. The Innercycle is the destructive negative cycle.



GOOD HEALTH = BALANCED YING & YANG

OUR E-READER DETECTS YOUR CHI (ENERGY)

BALANCE OR..... IMBALANCE

.. WHY IS AN ENERGY READING IMPORTANT ?

- When your body experiences an imbalance or low/ high Chi energy, it is then susceptible to invasion of disease or sickness. Imbalance of low Chi (energy) could come from different factors such as stress, heat, cold, wind, dryness, dampness, the quality of food we eat and quality of the air we breathe.
 - By reading your energy level, you can discern exactly which area of your body is out of balance from the *most* dangerous level to the *least* dangerous level.
 - With your reading viewable (on your personal chart), you are then able to choose the herbal formulas and/ or vitamins necessary to bring your Chi into balance.
 - Having the *new* knowledge and awareness of your individual and unique balance or imbalance, arms you to defend, protect and enhance your health and wellness for many years.
 - Prevention of disease or illness is far better than a cure.
- Within a short while you may be able to read the energy levels of family and friends and assist them in acquiring a healthy lifestyle.

The ancient concepts of two essential forces ~ **YING** and **YANG** continued to evolve over the centuries until the collision of Chinese and Western culture ensued in the nineteenth century. When using Chinese herbs, it is the total picture of the herb -- the herb's energetics -- that are always looked at when assessing the appropriateness of the herb. **When herbs are used to *BALANCE* individuals, each person will need different herbs.**

Anything in excess will be harmful as anything too little will be lacking. As we know, too much sugar may cause diabetes, or too much salt may cause high blood pressure. It is important to eat a balance diet to maintain a healthy balance.

It is well known, that some people high in **ying** energy, while others are high in **yang** energy. Therefore, as each person is unique, so too the herbs will be unique for each individual. Without the energy reading from the E-Reader, you would never know which herb would improve your health!

For instance:

- A **YING** person is cold in nature. They generally feel cold constantly and likewise experience cold hands and feet. If they took American or Canadian Ginseng (cold energy), they may catch a cold, flu, or coughing simply because their body becomes colder. Therefore the **ying** person should take Korean Ginseng (heat) to balance their Chi (energy).

- A **yang** person experiences feelings of heat, they have warm bodies continually with warm feet and

hands. As they already carry heat in the body, if they take a herb containing heat such as *Korean Ginseng* ~ the person will overheat causing headache, dizziness, and/or bleeding nose. This person should take American or Canadian Ginseng which contains cold (**YING**) energy. Once they use the herb that is right for them, this will bring their Chi (energy) into balance.

**.. USING THE E-READER TAKES OUT THE GUESS WORK AND
CONFIRMS THE HERBS THAT ARE RIGHT FOR YOU !**

The E-Reader will assist in the management and defense of many universal health problems such as *Stress, flu and cold, smoking, second hand smoke, allergy, and asthma.*

- Stress itself is not a disease, but it will aggravate blood pressure, sugar level, cholesterol, heart disease and asthma to name a few. Stress creates an imbalance of low Chi (energy) in our organs.

- Weather affects our Chi (energy), like cold can affect your lungs, or if your immune system is low, you will be more prone to flu and cold.

- Exposure to toxic fumes, chemicals, pneumonia, smoking, second hand smoke, allergies, asthma and even grief affect the lungs.

- Swelling feet and ankles are kidney related. The kidney energy is low or imbalanced thus resulting in failure to eliminate water through urination, and instead water is retained in the feet, ankles and other parts of the body.

- Should the bladder area have a low energy reading, this is probably due to a bladder infection or perhaps an injury between 3pm – 5pm according to the Chinese Timeclock.

- Grey hair or loss of hair is also an indication of weakness and low kidney Chi (energy). The natural herbs No. 25A and 25B (Fo Ti) will tonify the kidney's energy and may help to bring back the original color and hair growth. These herbs will also assist in stopping hair fallout and contribute to new hair growth.

Maintained by