


NHP 5 - GOLDEN SILK FORMULA (tea)
bottle

150 grams powder per

<p>According to the Chinese approach to health, this product relieves indigestion, heartburn and constipation. Excellent for those who feel bloated after meals. The product is also known to help with slimming. If taken for a long period of time, it may strengthen the heart of those who experience heart flutters at times (palpitations).</p>	<p style="text-align: center;">山楂</p> 
<p>Meridians / Systems: small intestine, spleen and stomach</p> <p>Recommended Use: <i>Adults:</i> Add one teaspoon to 1 cup of boiling water. Drink 2 to 3 cups per day. Add sweetener if desired. Drink when lukewarm.</p> <p>Restrictions / Notes: none</p>	<p>Can be combined with: 1, 2, 3, 4, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 36, 43 Select ONE ONLY to combine with for effective use.</p> <p>Programs to consider: none</p>