

NHP 3 - GINSENG EXTRA FORMULA

80 capsules per

bottle

According to Chinese medicine, the kidney meridian is the vital organ of energy. If a person has low energy or an imbalance of energy, it is often related to the kidney meridian. This product tonifies the kidney energy and gets rid of fatigue and tiredness. An imbalance of the kidney meridian may cause symptoms such as lower back pain, memory loss or impairment, bags under the eyes, anemia and lack of mental alertness. This formula is a great companion when driving for long periods of time, as it will prevent lower back pain and provide mental alertness by increasing energy and stamina, and promoting potency and improved memory. May be helpful to individuals with anemia due to low red blood cell count and lupus.

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Meridians / Systems: spleen, stomach and kidneys

Recommended Use:

Adults: Take 2 capsules three times daily.

Children: Take 1 or 2 capsules daily.

Restrictions / Notes: none
Select **ONE ONLY** to combine with for effective use.

Can be combined with:

1, 5, 11, 12, 17, 18, 22, 25, 26, 27, 28, 29, 30, 36, 43

Programs to consider:

Vascular program - # 11 (3, 19)
Memory enhance program - # 14 (3, 15)
Impotency program - # 20 (13, 3)
Steps to beat cancer - # 30

