

NHP 30 - VERTA HERB FORMULA
bottle

80 capsules per

According to the Chinese approach to health, the ingredients are known to rejuvenate cells and tissues of the vertebrae and clear away blockage of blood. May be helpful for spinal problems.

狗脊



Meridians / Systems:
pericardium, heart, spleen and liver

Recommended Use:
Adults: Take 2 capsules twice daily.

Restrictions / Notes: none

Can be combined with:
1, 2, 3, 4, 5, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 35, 36, 43

Select **ONE ONLY** to combine with for effective use.

Programs to consider: none