

**NHP 29 - FLORA FRUCTUS FORMULA (tea)**  
bottle

80 capsules per

According to the Chinese approach to health, the ingredients are known to regulate blood levels and reduce fatty substances from the blood. May help to strengthen the heart muscle. May help to lower cholesterol levels and blood pressure. If used on a regular basis, helps to improve the vascular system.

**野菊花**



**Meridians / Systems:** heart, liver and kidneys

**Recommended Use:**

*Adults:* Add 1 teaspoon to 1 cup of boiling water. Take when lukewarm. Drink 2 to 3 cups daily. Add sweetener if desired.

**Restrictions / Notes:** none

**Can be combined with:**

1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 30, 36, 43

Select **ONE ONLY** to combine with for effective use.

**Programs to consider:** none