


**NHP 21 - ALOE EXTRA FORMULA**  
bottle

80 capsules per

<p>According to the Chinese approach to health, the ingredients are known to relieve constipation and irregularity. Irregular and infrequent elimination of the bowel increases the amount of toxins circulating in the body. Food material that is not digested properly, due to a lack of digestive enzymes, putrefies producing toxins. These toxins are then absorbed into the general circulation of the body and end up overloading the liver and kidney responsible for their removal. The liver and kidney cannot remove them all. Those toxins accumulate in the body tissues and are thought to be responsible for degeneration and diseases. Taken as needed, this product works gently and effectively. An increase in the amount of fiber and water in the diet also enhances regularity.</p>	<div style="text-align: center;">  </div> <p style="text-align: center;"><b>蘆 薈</b></p>
<p><b>Meridians / Systems:</b> large intestine and small intestine</p> <p><b>Recommended Use:</b> <i>Adults:</i> Take 1 to 3 capsules per day.</p> <p><b>Restrictions / Notes:</b> none</p>	<p><b>Can be combined with:</b> 5, 11, 12, 26, 27, 28, 29, 30, 36, 43 Select <b>ONE ONLY</b> to combine with for effective use.</p> <p><b>Programs to consider:</b> Constipation relief program - # 18 ( 21, 9 )</p>

