


**NHP 20 - GENTIAN EXTRA FORMULA**  
bottle

80 capsules per

<p>According to the Chinese approach to health, the ingredients are known to regulate normal sugar levels. May be helpful for individuals with diabetes and hypoglycemia. In today's high paced world, eating right has become an area of concern. Much of today's diet results in spikes in blood sugar levels. The irregular eating habits of many have resulted in increased numbers of hypoglycemic and hyperglycemic conditions. The conditions become cyclic with people's eating habits becoming more and more chaotic. Once blood sugar levels stabilize, people are able to better follow a healthy eating plan. Small frequent balanced meals result in less cravings and are an important aspect of healthy living.</p>	<p style="text-align: center;"><b>龍膽</b></p> 
<p><b>Meridians / Systems:</b> spleen, liver and stomach</p> <p><b>Recommended Use:</b> <i>Adults:</i> Take 1 capsule after each meal.</p> <p><b>Restrictions / Notes:</b> none</p>	<p><b>Can be combined with:</b> 5 and 6 - take at separate times of day - 1 in am and 1 in pm 9, 25, 26, 27, 28, 29, 30, 36, 43 Select <b>ONE ONLY</b> to combine with for effective use.</p> <p><b>Programs to consider:</b> none</p>