


**NHP 13 - RADIX GINSENG FORMULA**  
bottle

80 capsules per

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| <p>According to the Chinese approach to health, the ingredients are known to improve vigor and vitality, especially of the elderly. It works with the kidney energy and is a major formula for the heart energy as well. When dealing with heart issues, NHP 13 for the physical heart in combination with NHP 28 for the emotional aspect reduces stress and provides energy and stamina. Used in combination with NHP 3, it helps individuals wishing to improve their impotency.</p> | <div style="text-align: center;">  </div>  |
| <p><b>Meridians / Systems:</b><br/>pericardium, heart, spleen and kidneys</p> <p><b>Recommended Use:</b><br/><i>Adults:</i> Take 1 or 2 capsules daily.</p> <p><b>Restrictions / Notes:</b> none</p>  | <p><b>Can be combined with:</b><br/>5, 23, 25, 26, 27, 28, 29, 30, 36, 43<br/>Select <b>ONE ONLY</b> to combine with for effective use.</p> <p><b>Programs to consider:</b><br/>Better sex life program - # 20 ( 13, 3 )</p> |