

NHP 30 VERTA HERB

The ingredients are known to help relieve spinal problems.

狗脊

Rhizoma Cibotii Barometz

Ingredients:

Radix puerariae	Root
Ramulus cinnamomi cassiae	Stick
Radix glycyrrhizae uralensis	Root
Radix ligustici chuanxione	Root
Cornu cervi parvum	Silk
Rhizoma cibotii barometz	Fiber
Fructus zizyphi jujbae	Fruit

Can be combined with: 1, 2, 3, 4, 5, 7, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 20, 21, 22, 23, 24, 25, 26, 27, 28 and 29. Select one only to combine for effective use.

Recommended Use: Take 2 capsules each time, 2 times daily with lukewarm water.

Meridians: Heart, pericardium, liver, spleen.

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