

NHP 2 GINSENG -ALFA

The ingredients are known to regulate high and low blood levels. Excellent for those who enjoy fried and spicy food. (80 capsules)

Ingredients:

Radix noto-ginseng (Ginseng)	Root
Alfalfa (Medicago sativa)	Leaves, flowers



Radix Noto-Ginseng



Can be combined with:

Recommended Use:

Meridians:

Use Restriction for Women:

1, 4, 5, 19, 25, 28, 29, and 30. Select one only to combine for effective use.

Adults can take 6 capsules daily. 3 capsules in the morning between 9:00 and 11:00 am, 3 capsules before bedtime with lukewarm water. Note: Abstain from taking too much salt, Chinese carrots or radishes.

Heart

Ginseng-Alfa not to be taken by expectant mothers.