

NHP 28 ANTI-D

The ingredients are known to help depression and anxiety. Excellent for those who have insomnia and dizziness. (80 capsules)

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Radix Rehmanniae Glutinosae

Ingredients:

Radix Rehmanniae Glutinosae (Rehmannia)	Root
Rhamnaceae (Jujube)	Seed
Polygalaceae (Knotweed)	Root
Herba Lophatheri Gracilis (Bamboo leaves)	Leaves
Cortex Moutan Radicis	Root
Labiatae (Korean Mint)	Leaves
Fructus Gardeniae Jasminoidis (Common Gardenia)	Fruit

Can be combined with:	1, 2, 3, 4, 5, 7, 8, 9, 10, 11, 12, 13, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 29 and 30. Select one only to combine for effective use.
Recommended Use:	Take 2 capsules each time 2 times daily with lukewarm water. Children take ½ dosage.
Meridians:	Heart, lungs, spleen, stomach, kidneys and liver.
