

## NHP 25 FO-TI EXTRA (A & B)

**何首烏**  
**Radix Polygoni Multifori**

The ingredients in formula A are known to promote hair fitness. Formula B can help hair to regain youthful look and shine.

### Ingredients:

|                                     |                    |
|-------------------------------------|--------------------|
| Radix polygoni multifori (Fo-Ti)    | Leaves, stem, root |
| Radix glycyrrhizae (Licorice)       | Root               |
| Radix paeonae (White peony)         | Root               |
| Angelicae sinensis (Dang quai)      | Root               |
| Spica prunellae (Self-heal)         | Fruit              |
| Radix ginseng (Ginseng)             | Root               |
| Radix rehmanniae (Rehmannia)        | Root               |
| Fructus gardeniae (Common gardenia) | Flower             |

### 10% other herbs

|                       |   |
|-----------------------|---|
| Can be combined with: | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 22, 23, 24, 25, 26, 27, 28, 29 and 30. Select one only to combine for effective use. |
| Recommended Use:      | Take 2 capsules each time <input type="checkbox"/> two times daily with luke warm water.  |
| Meridians:            | Lungs, kidneys, stomach, large intestine  |

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