

NHP 23 ELDERBERRY EXTRA

The ingredients are known to help relieve swelling at the extremities. Excellent for those who enjoy rich seafood. (80 capsules)



Ophiopogon Radix

Ingredients:

Bishopwort	Leaves
Yucca (Yucca)	Root
Knottoginseng (Ginseng)	Root
Panax-ginseng (Ginseng)	Root
Ophiopogon radix (Creeping lilyturf)	Root

10% other herbs

Can be combined with: 5, 8, 13, 25, 26, 27, 28, 29 and 30. Select one only to combine for effective use.

Recommended Use: Take 3 capsules each time □ two times daily with lukewarm water. Take 1 to 2 capsules per day for lighter cases. Note: Abstain from cold drinks and ice water during courses.

Meridians: Liver, spleen, kidney

Use Restriction for Women: Elderberry Extra capsules should not be taken if pregnant or during menstrual period.